  

**Incredible Years Parenting Course**

**SchoolsPlus** in partnership with **Musquodoboit Valley Family Resource Centre** is offering

a **FREE** 12 week course for parents of 5 to 12 year olds

The course will focus on **improving your child’s social and emotional skills and reducing behaviour problems.**

Promoting healthy and happy family life.

Dates/Times**:** **Starting on *Tuesday evenings*, February 5, 2019**

**6:30pm to 8:00pm weekly**

**Location: Musquodoboit Valley Family Resource Centre**

**12280 Hwy 224, Suite #2**

**Middle Musquodoboit, NS**

**Healthy Snacks will be provided.**

*If you are interested in attending this course but have some concerns,*

*please feel free to contact me to discuss it.*

**Advance registration is required as space is limited.**

**Please contact:**

**902-568-0042**

**mvfrcparentingjourney@gmail.com**

