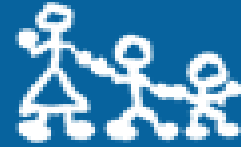


The Incredible Years®



Parents, teachers, and children training series

The Incredible Years® **evidence based parenting programs** focus on strengthening parenting competencies and fostering parent involvement in children's school experiences, to **promote children's academic, social and emotional skills** and **reduce conduct problems**.



JOIN US!

FOR 8 WEEKS, STARTING ON **MARCH 4TH, 2021**

- **OFFERED IN-PERSON OR VIRTUALLY**
- FOR PARENTS OF CHILDREN AGES 6 – 12
- THURSDAY EVENINGS FROM 6PM – 8PM
- AT THE EVANGEL ASSEMBLY COMMUNITY SPACE
- **SNACKS AND REFRESHMENTS PROVIDED**
- **WEEKLY GIFT CARD DRAWS!**

TO REGISTER: CALL/TEXT OR EMAIL HAYLEY SEDGWICK
AT 902-740-3038 OR HAYLEY.SEDGWICK@TCRCE.CA

**LIMITED SPACES FOR IN-PERSON

(BASED ON FIRST-COME, FIRST-SERVED BASIS)**

Group sessions focus on:

- improving relationships between parents and children
- learning how to help children's social and emotional skills

The School Age Parent group will encourage parents to:

- help their children to develop skills they need for school
- work with their children's teachers
- learn ideas on how to get involved in what their children are doing at school
- learn ways to help their children with better social skills, self-calming and anger management skills and decrease difficult behavior

Parents can:

- share personal experiences challenges
- problem solve difficulties at home and school with other parents and group facilitators

Schools
Écoles Plus