

LOOSE PARTS PLAY

TRAINING DAY - AUGUST 13, 2019

Spaces are limited. To Register please contact Ashley White at ashley.white@novascotia.ca

Location: HRCE Room 301

Time: 9:00 - 2:30 (Registration will begin at 8:30)

Dress: Components of the day will be held outdoors (Bring indoor and outdoor clothing and footwear for all weather)

Learning Goals:

An experiential learning opportunity with resources and concepts to further support Loose Parts and Outdoor Play within the school, community and family settings.

Participants will have a chance to experience innovative approaches to inspire child lead movement promoting physical exertion that builds physical literacy skills in children.

The facilitators will explore how supporting physical and social environments to foster activity and healthy living through recreation can help to ensure optimal mental and physical wellbeing

JILLIAN GRIFFEN

she supports the development and implementation of outdoor play modules designed to build capacity among Early Childhood Educators in five areas: Benefits of outdoor play, building an outdoor play philosophy, adult role in outdoor play, play space design, and planning to integrate outdoor play. She also sits on the professional development committee for the Before and After Pre Primary project supporting outdoor play training provincially. Jillian was the Municipal Physical Activity Leader for the Town and Municipality of Yarmouth where she developed unique partnerships to establish loose parts play opportunities in 2 school environments and in 2 early years environments. Although supporting the development of outdoor play is her passion, she has also supported youth leadership bringing over 30 youth from grades seven to ten together to build on their unique leadership skills and equipping them to become junior leaders in their home communities.

LAURA MACPHERSON

has been joyfully working in the sport, recreation and physical activity sector for the last nine years in both PEI and Nova Scotia. Since 2012, she has focused her research and work supporting outdoor play programs and policies from the perspective of healthy child development. She is currently working with the NS Department of Communities, Culture and Heritage (Communities, Sport and Recreation Division) as a Policy and Program Coordinator where she is supporting the development of the before/after pre-primary pilot program in partnership with the Department of Education and Early Childhood Development. Laura is also completing her Master of Public Administration degree at Dalhousie University.