

## Who We Are

**Nova Scotia Early Childhood Development Intervention Services (NSECDIS)** provide province-wide specialized services to families of young children between birth to school entry, who are experiencing delays in their development or are at biological risk for delays.

Consultation, support and services designed to meet the individual needs of each child and family are delivered in the child’s home and may extend to community-based programs.

**NSECDIS** are offered across Nova Scotia with over 20 community locations.

### Our Core Services Include:

- Child Development Support
- Family Support & Capacity Building
- Transition Support
- Case Coordination & Partnerships

### Additional Services:

- Toy Libraries
- Resource Libraries
- Family Events



## Contact Us

Referrals to **NSECDIS** can be made directly by the family or on behalf of the family with their consent.

Eligibility for services, includes a developmental delay in two or more areas of development or at risk for developmental delay based on documented biological risk factors.

To find a service location near you please contact:

### NSECDIS Central Office

276 Bedford Highway, Suite 104  
Halifax, NS, B3M 2K6  
1-844-292-6730 (toll free)  
info@nsecdis.ca  
nsecdis.ca

Our services are free, voluntary & confidential.

NSECDIS is a registered charitable organization (registered as *ECDIS Intervention Association*).

Donations are accepted



# NSECDIS

Nova Scotia Early Childhood  
Development Intervention Services

*Working together to support families of young children  
with developmental delays.*



  
**NOVA SCOTIA**

Funded by the Department of Education & Early Childhood Development.  
There is no fee for our services.

## Your Developmental Interventionist

Your Developmental Interventionist (DI), is professionally trained in working with families of young children with developmental delays. DI's are also a knowledgeable resource of what is available in your community and will help you navigate through local service systems.

Your DI will visit you in your home or at another convenient location in your community. The visits will be to provide support and information to promote your child's growth and development. Together you and your DI will develop a plan to support your child and family called an Individual Family Service Plan (IFSP).

### Your DI can provide many types of support:

- **Informational Support:** your child's development, resources, services and problem solving strategies.
- **Material Support:** accessing equipment, resources, play materials and available financial resources.
- **Emotional Support:** listening, being responsive and sensitive, using a positive strengths-based approach and focusing on the whole family.

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*Once the early intervention program was in the picture, we finally had some support and programs that made sense to us.*

- Parent

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## What To Expect

Our work is with you, the parents/caregivers, as you build the foundational skills and knowledge you need to support your child's development, now and in the future.

### Your Developmental Interventionist will partner with you to:

- Ensure a coordinated team for your family.
- Develop the skills to support your child.
- Develop the skills to advocate for your child.
- Provide consultation support to all your child's environments such as child care centres.
- Provide support and guidance through your child's important transitions (e.g. to school).

### Children and Families are encouraged to:

- Actively participate during home visits.
- Make suggestions or ask questions about activities, resources and programs.
- Schedule visits when it is most convenient for your family and your child is well rested.
- Explore recommendations and offer feedback/comments to your Developmental Interventionist during home visits.

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*Our son has come such a long way since we started with the early intervention program.*

- Parent

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## What We Believe

- Children learn best in their natural environments where skills can be repeated and practiced daily within routines.
- Families have the strongest influence on their child's development.
- Positive change occurs in the context of responsive caring relationships.
- Everyone has potential and it is their unique strengths and capabilities that will determine their evolving story.
- Effective change is a collaborative, inclusive and active process.

