



Amherst SchoolsPlus Monthly Newsletter

COMMUNITY ROOM DROP-IN

The Community Room is located in room 107 at Amherst Regional High (190 Willow Street).

The Community Room is open to all ARHS students during lunch hour Monday and Wednesdays unless otherwise noted on the Community Room door.

The Community Room is also open each Wednesday after school until 7pm to all E.B. Chandler Junior High and Amherst Regional High School students.

After School Activity Schedule

Wednesday, October 3
Pumpkin carving

Wednesday, October 10
Special Effects Makeup Tutorials

Wednesday, October 17
FEAR FACTOR 2018

Registration is full for this competition.

If you didn't sign up in time, you can still come cheer on your classmates. The competition begins at 3:15pm in the cafeteria at ARHS.

Wednesday, October 24
Special Effects Makeup Tutorials

Sunday, October 28
Haunted House at the Amherst Centre Mall. We are looking for volunteers to help scare people at this event. There are limited spots available, talk to Marvin or Mike about signing up in advance.

Monday, October 29
Haunted House at the Amherst Centre Mall. See above.

Tuesday, October 30
Haunted House at the Amherst Centre Mall. See above.

Wednesday, October 31
CLOSED – HAPPY HALLOWEEN!

What is SchoolsPlus?

SchoolsPlus is a comprehensive and collaborative interagency approach to educating and providing service to the whole child and family, with the school as the center of service.

The focus of Amherst SchoolsPlus is to support referred students and families by helping them attain timely and effective services that meet their identified needs.

Additionally, SchoolsPlus provides a variety of different programs and activities to students and families within the 10 schools it serves (Spring Street Academy, Cumberland North Academy, West Highlands School, Northport Consolidated Elementary, E.B. Chandler Junior High, Amherst Regional High, Springhill Junior/Senior High, Oxford Regional Education Centre, Parrsboro Elementary, and Parrsboro Regional High).



Paint night with Janelle Wednesday, September 26



Pumpkins for Poverty

Buy a pumpkin, help the food bank.
Friday, October 19 from 11-1:30pm at the Amherst Square



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Social groups are a great way for students to meet new friends, participate in new activities, and socialize in a safe supervised setting.

Amherst SchoolsPlus is currently running social groups at:

Northport Consolidated Elementary

Two closed groups are being run at this school each Tuesday from 12-1pm and 1-2pm. Activities take place mostly in the school but students will occasionally have the opportunity to participate in community events.

Spring Street Academy

This closed group will meet each Thursday throughout October and November for about an hour depending on the scheduled activity for the day. Activities for this group will mostly take part in the community rather than the school.



Girls Group at Spring Street Academy

This is a closed group that will be facilitated by Amherst SchoolsPlus and Maggie's Place Family Resource Centre for 4 weeks in October/November. Dates to be determined. The purpose of this group is to give girls opportunities to explore topics like self, life experiences and choices, healthy relationships, coping skills, and support groups.