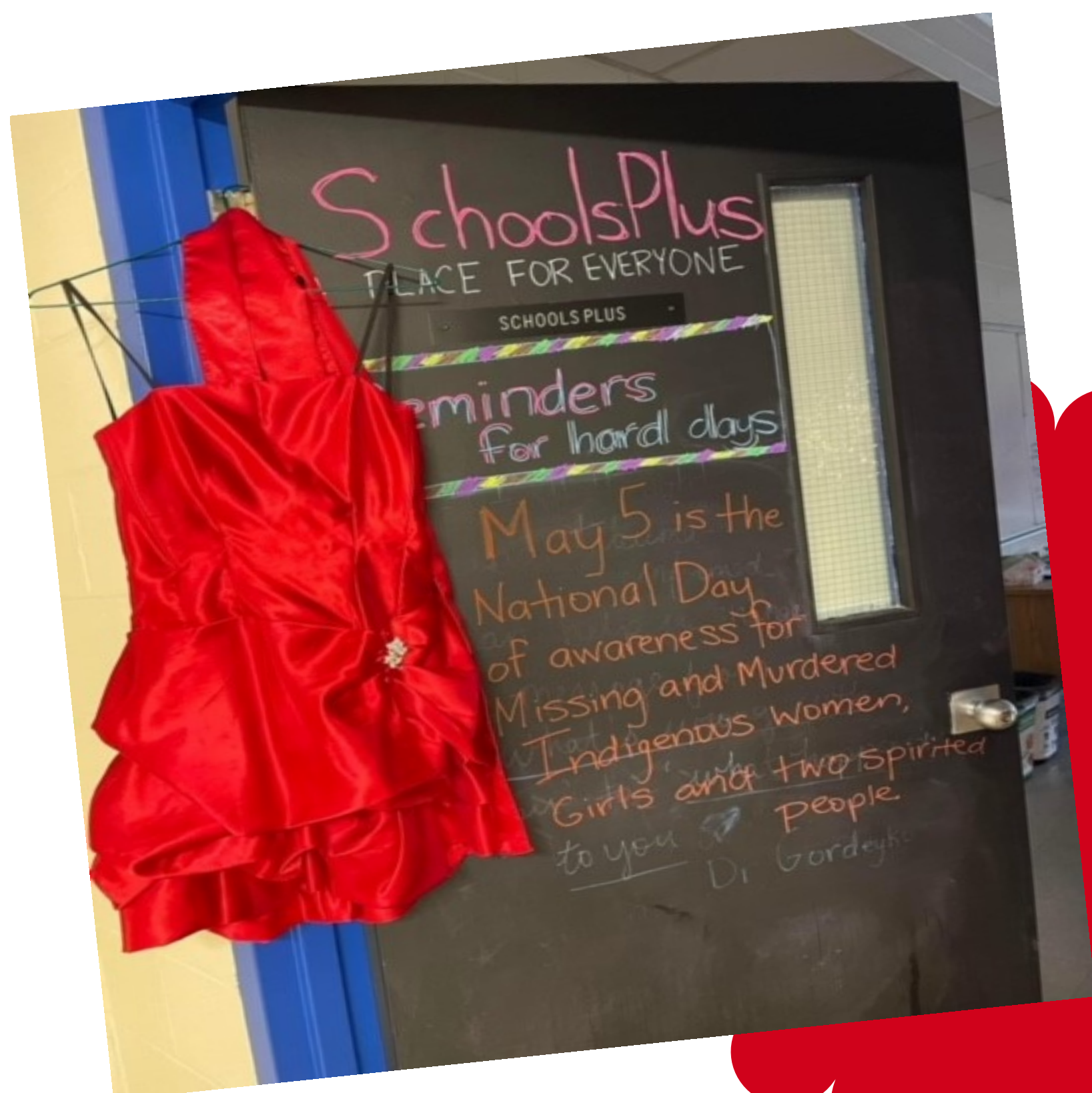


NEWSLETTER



May - August 2022

SchoolsPlus honours National Awareness Day for Missing and Murdered Indigenous Women in May; celebrates Pride throughout June; and promotes awareness of Mental Health & Well-being.



DIVERSE DIRECTIONS SYDNEY

Come celebrate Pride with CaperBase and Schools Plus in a safe & supportive environment!
crafts, creative expression, & conversations!

WHO?

Youth ages 11-18 who are in the Sydney/Riverview Family of Schools

WHEN?

Wednesdays beginning July 6th
1pm-2:30pm

WHERE?

Sherwood Park Education Centre

HOW?

To register, call or text Chantelle at
(902)574-4121!

Registration is required, as space is limited!



Digby High School Mental Health Awareness



SUMMER

SchoolsPlus Teams had a wide variety of Summer Camp opportunities

Upcoming Events

Cumberland SchoolsPlus Weekly Events - August 8th - 12th

Monday August 8	Garden Program Northport Consolidated Elementary School 9:00am-11:00am West Highland Elementary School 9:00am-11:00am <small>*REGISTRATION REQUIRED</small>
Tuesday August 9	Day Camp Pugwash Farmers Market Ages 5-12 (Must have completed Primary) 9:00am-3:00pm <small>*REGISTRATION REQUIRED</small>
Wednesday August 10	Youth Park Party River Hebert District School Ages 10+ 10:00am-12:00pm
Thursday August 11	Day Camp Pugwash - Farmers Market Ages 5-12 (Must have completed Primary) 9:00am-3:00pm <small>*REGISTRATION REQUIRED</small>
Friday August 12	

SchoolsPlus Cape Breton-Victoria Regional Centre for Education

GUITAR GROUP
FOR GUITAR PLAYERS WITH BEGINNER/INTERMEDIATE SKILLS

WHEN? AUGUST 4th, 11th, 18th, & 25th
FROM 1:00-2:00 pm

WHERE? MALCOLM MUNROE

WHO? ANY STUDENT IN GR. 9-12 WITHIN THE CBVRC!

WHAT? A CHANCE TO JAM WITH YOUR PEERS! ***THIS IS NOT A GUITAR LESSON***
GUITARS CAN BE PROVIDED IF NEEDED, PLEASE IDENTIFY AT REGISTRATION IF NEEDED

TO REGISTER PLEASE CONTACT KIRSTI AT 902-574-1432 OR KIRSTI-ROXBURGH@GNSPES.CA
****LIMITED SPACE AVAILABLE****

SchoolsPlus Cape Breton-Victoria Regional Centre for Education

HEADSTRONG SIDEWALK ART
JULY 5, 6, 7TH
11AM-1PM AT WHITNEY PIER MEMORIAL
PLEASE CONTACT 902-574-4151 IF THERE ARE ANY QUESTIONS

SchoolsPlus Cape Breton-Victoria Regional Centre for Education

GRADE 9 TRANSITION GROUP
@ Glace Bay High

Come explore your new school with FEAR FACTOR games!

Tuesday 09/Aug/22
Time 10:30a-12:00pm

OCEAN EXPLORERS DAY CAMP
FREE! AGES 6-11

August 8th to 12th
10am - 2pm
Held at Clark Rutherford Memorial School
234 Spinnaker Dr, Cornwallis Park
Space is limited, Register for more details!

Games, Scavenger Hunt, Crafts, S'mores and more!

SchoolsPlus
NOVA SCOTIA / NOUVELLE-ÉCOSSE



JOHN BERNARD CROAK VICTORIA CROSS MEMORIAL SCHOOL

OUTDOOR YOGA
with Yoga Instructor, Amanda Fraser

AUGUST 10TH 2022
10-11AM
Space is limited
To register email Sheila-Jean at sjcann@gnsps.ca
Please bring your own yoga mat, water bottle, and wear sunscreen

Cape Breton-Victoria Regional Centre for Education



Guysborough County/Monastery SchoolsPlus
Admin Guysborough SchoolsPlus - 5h -

PLEASE WATCH FOR REGISTRATION FORMS FOR OUR ANNUAL SCIENCE CAMP. I WILL BE SENDING HOME FORMS IN THE NEXT FEW WEEKS WITH STUDENTS FOR OUR THREE SCHOOLS. HERE ARE THE DATES OF CAMPS FOR OUR AREA. EACH CAMP WILL BE FROM 9:00am - 2:30pm.
Should you have any questions, please feel free to call Amanda at 902-631-4699 or email at amanda.millar@srce.ca

Guysborough July 4-6	Grade 1 - 4	Cost FREE.
Guysborough July 7-8	Grade 5-8	Cost FREE.
Monastery July 11-12	Grade 1-4	Cost FREE.
Monastery July 13-14	Grade 5-8	Cost FREE.
Canso July 18-19	Grade 1-8	Cost FREE.





Back to the Future rocketed off to Chedabucto Education Centre/Guysborough Academy in Guysborough County with back to school goodie bags and a backpack filled with school supplies, clothing and hygiene products for the school's African Nova Scotian community.

SchoolsPlus values our partners- enabling and joining with us to provide programs to promote healthy activities and fun. For example, food security has become a vital part of our daily lives, and your contributions and knowledge help keep out students and families nourished and more secure. Thanks SP program partners and our generous fundraiser partners.



Back to the Future created by Robin Simpson (Mental Health Professional and Community Navigator) is an initiative that focuses on giving back to youth, because they are our future.

★ SchoolsPlus and Brilliant Labs Presents...

SUMMER STEM CAMPS

To work with young minds to develop creativity, innovation, digital skills, and a socially responsible entrepreneurial mindset. Come and join the fun by learning about Coding, Robotics and so much more!!

!!!!FREE!!!! !!!!FREE!!!!

SCHOOLSPLUS, SHERWOOD PARK AND YOUTH HEALTH CENTRE PRESENTS...

CROCK POT PROGRAM

FREE!!!!

FREE!!!!

Célébrons la diversité ethnoculturelle

le 27 mai 2022

Ouverture des portes à 17h30 - début de spectacle 18h30

École du Carrefour à Dartmouth

201 A Av. du Portage, Dartmouth

Participation à l'entrée et à la nourriture sous forme de dons volontaires 5\$ suggéré (argent comptant SVP)

Levée de fonds à l'intention des familles et des élèves issus de la diversité.

Conseil Communautaire du Grand-Havre

FÉCANE CSAP Conseil scolaire acadien provincial

IMMIGRATION FRANCOPHONE NOUVELE-ÉCOLE

Schools Plus Écoles Plus

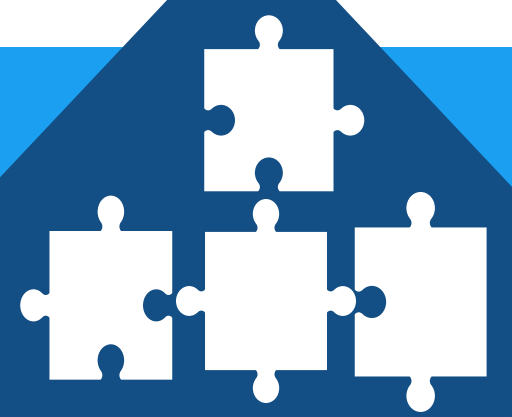
South Shore Regional Centre for Education

Follow

2d · 🌐

We'd like to thank the Masonic Foundation of Canada for their recent donation of \$10,000.00 toward our SchoolsPlus Emergency Fund. This fund is used to support emergency needs of students and families that cannot be covered by other organizations. Thank you!





OUR PARTNERS

HRCE Partnership- Healthy School Communities

SchoolsPlus partnered with Healthy School Communities and Nourish Nova Scotia to provide food literacy training for staff, and healthy menu planning for summer programs. With their support, we were able to provide substantial healthy snacks and meals to 765 students in summer programs.

Healthy School Communities not only fully funded our grocery needs but also purchased utensils, blenders and toaster ovens! Nourish Nova Scotia provided menu planning, food literacy and safety training for 65 SchoolsPlus staff members! Together, we were able to provide participants with healthy food – including lots of second helpings – throughout the summer! Thank you Healthy School Communities and Nourish Nova Scotia.



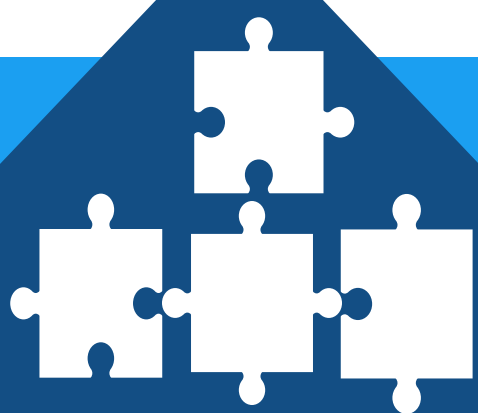
Atlantic Provinces Special Education Authority (APSEA) offered Community Partner Information Sessions (May 2022), on topics including

- CNIB's Come to Work program connects members of our talented community (persons with sight loss) to prospective employers.
- Benefits, and credits available to help offset disability related costs for families and people with disabilities
- Canada Student Grant for Services & Equipment for Students with Disabilities (permanent)

All students in grade Seven to Nine participated in health, body awareness and hygiene presentation. Following the presentation all students were given a Hygiene kit.

Special thanks to the CCRCE Healthy Promoting Schools team for supporting this initiative and SchoolsPlus Community Outreach Worker RikkiRene for ensuring the Kits made it into our students hands.





OUR PARTNERS

SP Community Outreach Workers, together with the Connect teacher, and Staff from Futureworks, facilitated career/life planning presentations in the Nova Family of Schools.

Students had input into the topics, which included :

- Job Hunting
- Budgeting and time management
- Healthy relationships
- Mindfulness
- Hobbies and recreation

There was very positive feedback from students , who enjoyed this opportunity !!!

Circle of Security™ Parenting Program

Based on decades of research about how secure parent-child relationships can be supported & strengthened.

Windsor Elementary School

Thursdays Starting May 05/22 until June 23/22

10:00am-12:00pm

Co-Facilitated by:

Mary Cunningham

Valley Child Development Association

Emilie Smith

West Hants SchoolsPlus

For more info or to register

call or text Emilie

902-790-6123



The Barrington Farmers Market partnered with Shelburne County SchoolsPlus to provide market packages to ten of our families from May until late September. The funding was through Nourishing Communities, partnering with the Nova Scotia Farmers Market.



The 100 Women Who Care in Shelburne County awarded Shelburne County SchoolsPlus their quarterly donation. Over six thousand dollars was graciously accepted to be deposited in our emergency fund.



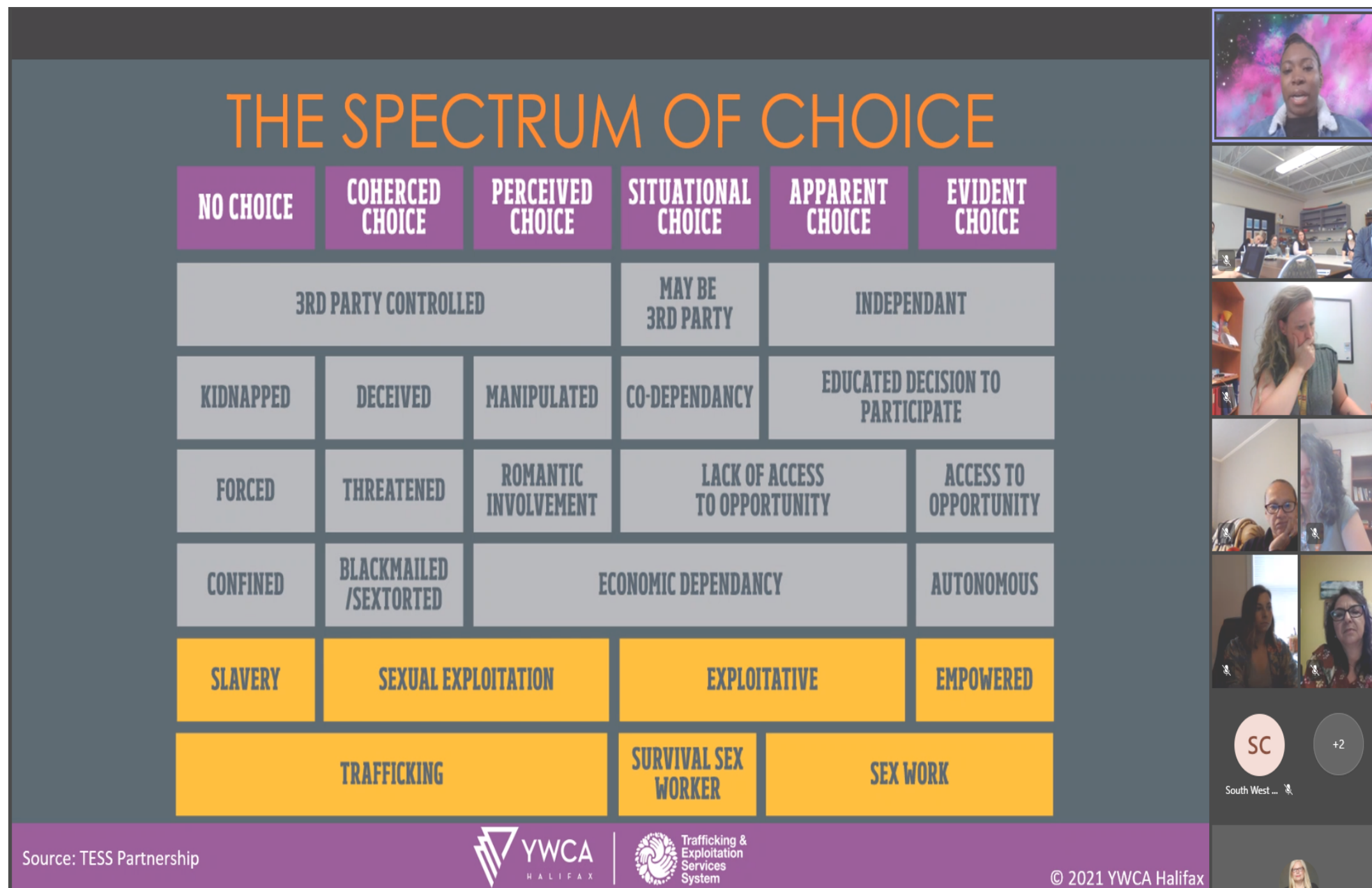
RCMP CARE
Community Anchored, Resilience Empowered, a Wellness Day hosted by Kings district RCMP. Kings County Seniors Safety and SchoolsPlus!!





SchoolsPlus Staff participate in extensive training to ensure our knowledge is current and we connect community partners to school.

Trafficking and Exploitation Service System (TESS), through the YWCA, is a key partner in our SP work.



Teaira Cain from the YWCA Halifax gave an informative presentation on Human Trafficking and Sexual Exploitation to the Yarmouth SchoolsPlus Regional Advisory Committee at their June meeting

SchoolsPlus
Écoles Plus

presents

SEX TRAFFICKING

A Survivors Perspective

Workshop for Service Providers

Presenter: Karly Church

...

This workshop will define domestic sex trafficking and debunk common myths and misconceptions to paint a picture of what human trafficking looks like in an Canadian context. The instructor will speak to her lived experience as a survivor of domestic sex trafficking in a way to help participants understand what domestic sex trafficking looks like and the vulnerabilities that could make someone susceptible to being trafficked. This is done to further explain the stages of commercial exploitation focusing on why people stay with their traffickers and the difficulties faced when exiting. Karly will discuss warning signs to equip individuals with how to identify the red flags of trafficking. She will speak to the importance of meeting all of an individual's unique basic needs, and the support and services available to assist in meeting those needs. Lastly, the importance of understanding healthy relationships, vulnerabilities and consent will be highlighted to support participants to feel empowered!

This free workshop is open to anyone who works with vulnerable populations

REGISTER NOW BY EMAILING
AACTONBOND@SSRCE.CA


MAY 18, 2022
1:00 - 3:30 PM
LOCATION TBD

South Shore
Regional Centre for Education


SchoolsPlus Staff attending the TESS conference this August in Halifax







Creating Cultures of Trauma Informed Care & Well Being






Trauma Awareness -Trauma Informed Care - Trauma Informed Environments- Trauma Informed Work life-Trauma Responsive Services

Trauma Informed Care, led by Tonya Grant, is another key partner.

WHAT ARE THE PRINCIPLES OF TRAUMA INFORMED CARE?

- Safety
- Trustworthiness
- Choice
- Collaboration
- Empowerment

TRAUMA INFORMED CARE
YOUREXPERIENCESMATTER.COM



Facilitator




Tonya Grant, MSW, RSW is the IWK Provincial Clinical Lead for Trauma Informed Care working with NSH Child/Youth Mental Health & Addictions Clinics.



HRCE Staff participate in High 5 training - promoting excellence and quality standards in recreation.



Check out our SP Staff ! Darcey leading recreation & fun activities during Wellness Day



Oxford Regional Education Centre · Follow
2h ·

1H Learning all about bike safety with Mr. Hudson from Schools Plus

9

3 Shares

Like

Comment

Share





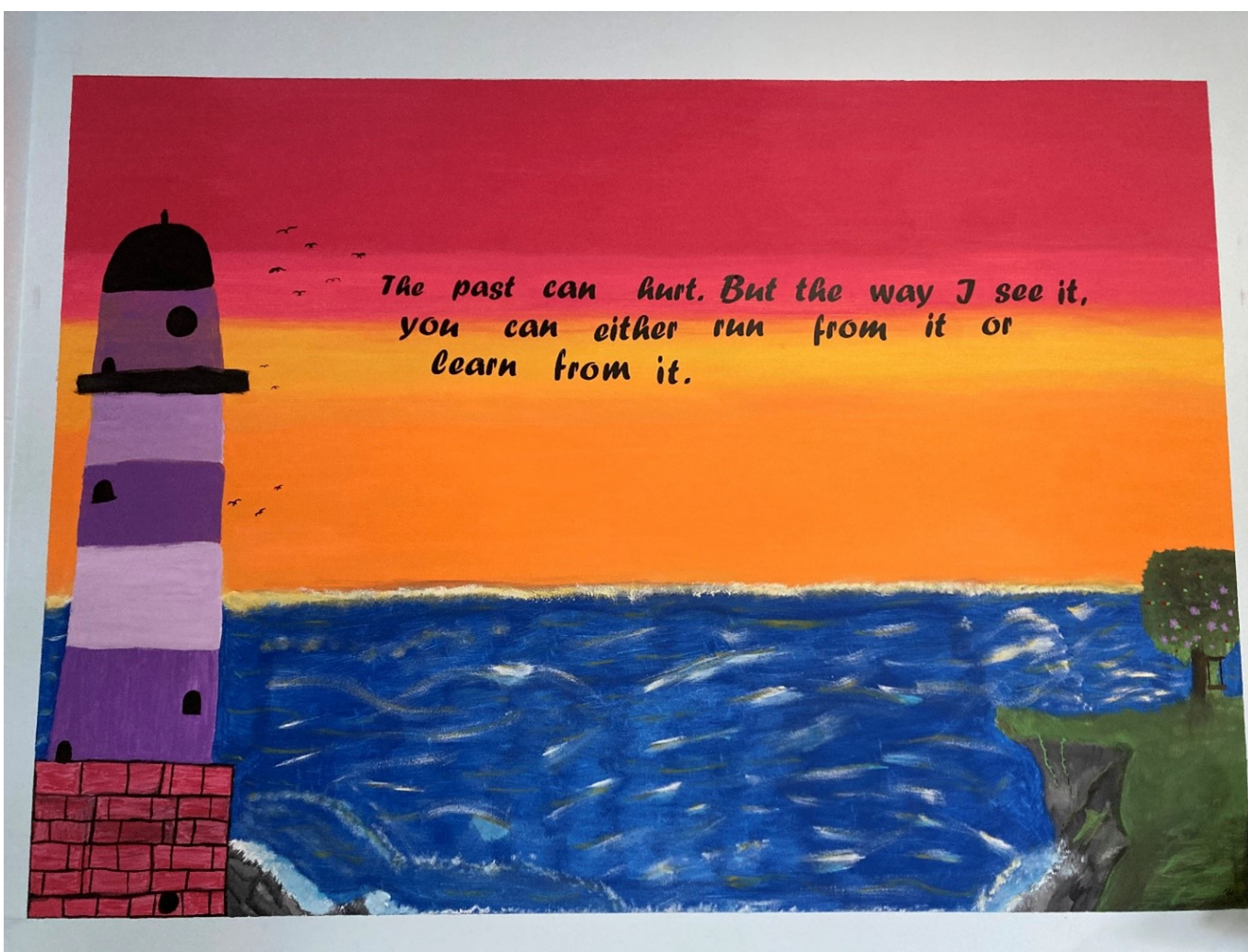
OUR STAFF

CYCP Dennis Ashe & his uncle Durrell made it to the Amazing Race Canada this summer! Dennis then created an Amazing Race Halifax summer camp which was a HUGE hit with the campers!



Students were excited to have Amazing Race Canada contestant and CYCP Dennis Ashe involved in their race across Halifax!

Mural Creation at Saint Andrew Junior School
SPCOW Alana Lawn during summer mentoring with a Grade 7 student created a mural in the SAJS SchoolsPlus Space.



Although we missed the opportunity of meeting in person, SchoolsPlus had an excellent PD Day on-line with sessions on physical activity & outdoor play, pre-primary & outdoor learning, and restorative approaches. Opportunities to share and network on Jamboard!!

Stuff the Bus School Supply Drive was a significant collaborative effort with new partners such as radio for advertising and the Greenwood Mall and Staples for hosting the August 26 event. Other sponsors included AVRCE transportation for the bus and Walmart which located a temporary bin for the collection of supplies.
Thanks to the AVRCE SchoolsPlus's team for their leadership



ANNAPOLIS VALLEY REGIONAL CENTRE FOR EDUCATION

After the Bell: Food Security



OUR STORIES



WHO: Horton Family SchoolsPlus, in partnership with Wolfville Lions Clubs

WHAT: The Lions “After the Bell Food Security Support Program”. Volunteers from the Wolfville Lions Club purchase and create packages of food for students experiencing food insecurity. The packages are to be taken home over the weekend, and include items to cover two days’ worth of breakfast, snacks, and lunch for Saturdays and Sundays, i.e. days when students who normally could receive food support at school (like breakfast programs and lunch programs) cannot access those school supports. SchoolsPlus work with other school staff to determine need, provides this information to the Lions.

WHEN: Each week during the school year (minus first week of school, holiday break, and March Break)

WHERE: Eight schools within the Horton catchment (and the Wolfville Lions Club)

WHY: To support students experiencing food insecurity over the weekend, , to support their physical and mental health/wellness by having access to food



OUR STORIES

CAPE BRETON-VICTORIA REGIONAL CENTRE FOR EDUCATION

The Amazing Race

WHO: Organized By Riverview Family of Schools, but open to all families Grade P-8 throughout CBVRCE

WHAT : Discovering Nature : Stations were set up along the Knowledge Path with a variety of activities for families to engage in. Families enjoyed making nature-based paint, exploring nature through microscopes, making rainbows out of recycled materials, making animal footprints out of moulds and learning how to set up a tent.

WHEN: August 3rd and 4th

WHERE : Riverside Elementary

WHY: Understand and appreciate nature and respect for our environment



CALLING ALL NATURE EXPLORERS!

SCHOOLS PLUS RIVERVIEW FAMILY OF SCHOOLS
RIVERSIDE • MARION BRIDGE • SYDNEY RIVER • ROBIN FOOTE • MOUNTAINVIEW • COXHEATH & MALCOLM

SCHOOLSPLUS IS PARTNERING WITH ACAP CAPE BRETON AND PARKS CANADA FOR A FUN FILLED DAY FULL OF EXPLORATION, ART, AND INSIGHT INTO THE GREAT OUTDOORS!

WHO?: STUDENTS GRADES PRIMARY - EIGHT & THEIR FAMILIES

WHERE?: RIVERSIDE ELEMENTARY
7134 HORNES RD, ALBERT BRIDGE

WHEN?: AUGUST 3RD & AUGUST 4TH
STARTS @ 10 AM

HOW DO I SIGN UP?
REGISTRATION IS REQUIRED! PLEASE CONTACT MICHAEL BUTLER TO REGISTER FOR YOUR PREFERRED DAY
EMAIL: M-BUTLER@GNSPES.CA
PHONE: (902) 577-6181
BRING BAG TO TAKE HOME YOUR CREATIONS

Partners : The Atlantic Coastal Action Program (ACAP)
Cape Breton , Parks Canada and SchoolsPlus

CHIGNECTO-CENTRAL REGIONAL CENTRE FOR EDUCATION

Care Packages



OUR STORIES



Who : Leadership Group

What : Prepare care packages for local seniors home. Each package included homemade biscuits, preserves, tea, fun games, and a letter from a student. Students tried out several recipes, sharing and testing them with school staff in order to discover the best biscuits to place in each care package. Students then packaged the treats and delivered them to a local senior's care home.

When : Spring/Summer 2022

Where : Trenton Middle School (Celtic Family of Schools)

Why : Students developed leadership skills, while connecting with seniors, and thinking about the importance of service to others

Partner : Thanks to Joe McEachren, SPCOW for leading this project



OUR STORIES

CONSEIL SCOLAIRE ACADIEN PROVINCIAL

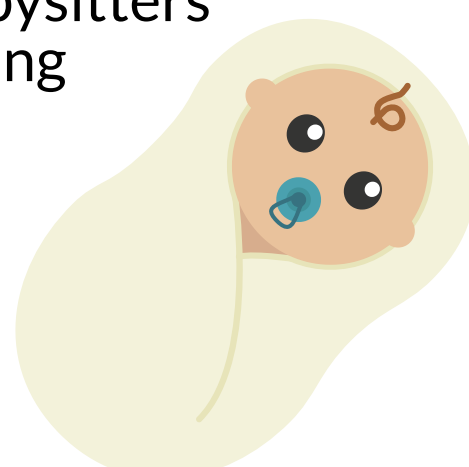
Babysitting Course

Who : Clare area youth between 12 and 15 years old (not limited to CSAP students)

What : Following a Home Alone course, it was timely to offer a Babysitting course - just in time for Summer break! Many youth are already starting to stay home alone for short periods of time or care for younger siblings, this program gives them safety tools and confidence. Offered them a free program and transportation to the High School. The central location of the school in the community and the late pick up time, parents were able to pick up their kids easily after their busy work day.

Where : École secondaire de Clare, Meteghan River

Why : There is a major shortage in babysitters in our area, Home Alone and Babysitting courses are always in high demand.



Cours de garde-enfants

Votre enfant a 12 ans?

Votre enfant aimerait garder des enfants?

Vous aimeriez que votre enfant soit en meilleure sécurité lorsqu'il/elle est seul(e) à la maison avec des frères/sœurs/ami(e)s?

Dates et temps : 15 h 30 à 17 h 30
du lundi 20 au vendredi 24 juin 2022

Lieu : École secondaire de Clare
80, ch. Placide Comeau, La Butte, N.-É. B0W 2L0

Âges : 12 à 15 ans

Coût : gratuit

Maximum 15 participants

Les participants pourront prendre leur autobus régulier après l'école pour se rendre jusqu'à l'ÉSDC. Les parents seront chargés de venir chercher leur(s) enfant(s) à l'ÉSDC chaque jour.



Information et inscription :

Elise Comeau, Intervenante des ÉcolesPlus, région Clare

902-778-0928

elise.comeau@sepne.ca

Schools Écoles Plus
NOVA SCOTIA / NOUVELLE-ÉCOSSE

HALIFAX REGIONAL CENTRE FOR EDUCATION

Level Up!



OUR STORIES



Who: 393 students transitioning from Elementary to Junior High, or Junior to Senior High

What: Level Up is a free 2-day camp that supports students with the transition to junior or senior high school. Participants joined with students from other feeder schools to develop time management skills, independent living skills (ex. how to prepare lunches and nutritious snacks, mastering locker combinations,). Additionally, self care activities included managing anxious feelings through engaging in mindfulness. Students participated in cooperative and competitive games, leadership activities that included a few water balloon fights, art projects, cultural experiences, slime making, and plenty of opportunities to joke and play!

When: July- August 2022

Where: Level Up was offered across 13 sites in the HRCE

Why: Transitions can be difficult, and the camp helps students identify and address their fears in a fun and supportive environment



OUR STORIES

STRAIT REGIONAL CENTRE FOR EDUCATION

Hiking in Arisaig

Who : 8 students from 3 Antigonish area schools (Saint Andrew's Junior School/ Antigonish Education Center/ HM MacDonald Maryvale).

What : Hiking in the Arisaig Park trail system which also included a storybook trail sponsored by the Municipality of the County of Antigonish. Trail led to a secluded waterfall, where students enjoyed dipping their toes into the water, exploring the rock formations around the area. Snacks provided by SchoolsPlus were had on the beach and ending the day with a packed picnic lunch in the Picnic Park.

When : Early Summer

Where : Arisaig Provincial Park in Arisaig Antigonish County

Why : A great opportunity to discover the outdoors, while meeting other students



Partners : SchoolsPlus, Child and Youth Care Practitioners , supported by the Municipality

SOUTH SHORE REGIONAL CENTRE FOR EDUCATION

Incredible Years



OUR STORIES



Who: Parents of school aged children 3-12.

What: The Incredible Years is a parenting program focused on strengthening parent-child interaction, and promotion of positive social, emotional and language development in children. Participating parents/caregivers brought their children who took part in a day camp setting with recreation staff.

When: July- August, a two-part series over two days

Where: Bridgewater Junior High

Why: The opportunity to partner with recreation while delivering a parenting program reduced a childcare barrier for parents/caregivers, enabling them to enjoy a supportive atmosphere while children were cared for and snacks provided!

Partner: Thanks to MODL recreation team for fun activities !



OUR STORIES

TRI-COUNTY REGIONAL CENTRE FOR EDUCATION

Pride Camp

Who: Digby SchoolsPlus

What: Summer Pride Camp

When: July 12-14, 2022

Where: Digby Regional High school & Haines Lake

Why: Camps provide encouragement to be who you are in a safe environment, affirmation, celebrate progress, honour who we are & have a great time just being ourselves.



“Thank you so much for all your support and commitment to our family. It was very difficult, but everything has improved and, you, are a large part of the joy and tranquility that have been our days. Thank you for, everything!” Quote from a Parent



NATURE DETECTIVES DAY CAMP

FREE!
AGES 6 - 11

QUEEN ELIZABETH II JUBILEE PARK, BRIDGETOWN

Games, Crafts, Smores and More!

Start: August 22
End: August 26
10am - 2pm

Schools Écoles Plus
NOVA SCOTIA / NOUVELLE-ÉCOSSE

COUNTY of ANNAPOLIS
NATURALLY EDUCED

Space is limited, Register for more details!



Shubenacadie Wildlife Park Trip
On August 11th, 2022, SchoolsPlus Antigonish in partnership with the SRCE CYCP's organized a day trip to the Shubenacadie Wildlife Park. The trip included a total of 9 students from grades 2 to 8. The trip included a picnic lunch at the parks picnic area and a full morning exploring the park with staff. Students engaged in learning about the various animals throughout the Wildlife Park. We ended the day with a stop at the Ice Cream stand before returning home.



STATISTICS

