

**FALL 2021: FREE Incredible Years Parent/Teacher Training Program**

The INCREDIBLE YEARS Training Series has been extensively researched and field tested with over 2000 families. It has been proven to reduce children’s behavior problems and increase pro-social behaviors. Parents report that they feel more confident and comfortable with their parenting skills after completing the training.

Goals of the Incredible Years Parenting Program are:

* Promoting child social competence, emotional regulation, academic readiness and problem solving skills
* To prevent and reduce behaviour and emotional concerns in young children
* To improve our parent-child interactions, build positive relationships and attachments, improve parental functioning by using more nurturing methods, and increase parental social support and problem solving

**4 locations, register with the one that meets your needs:**

Gas cards available upon request for anyone with transportation barriers

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| **Queens County**  Dates: Wednesdays, beginning Nov 3 and ending Dec 7th 4:30-6pm  Where: Dr JC Wickwire Elementary  Supper meal and Child care provided  To register call/email Shannon Vincent 902 523 1451, [svincent@ssrce.ca](mailto:svincent@ssrce.ca) | **Bridgewater**  Dates: Thursdays Nov 4, Nov 18, Dec 2, Dec 9th 10-12  156 York Street, (Previously the Bridgewater Family Support Centre)  Snacks and refreshments provided  To register call/email Melissa Chiasson 902 521 9786 , [mchiasson@ssrce.ca](mailto:mchiasson@ssrce.ca) |
| **New Ross**  Dates: Mondays, Nov 1, 15th, 29th, Dec 13th, 9:30-11:30  New Ross Family Resource Centre  Snacks and refreshments provided  To register call/email Clare Power 902 523 2917  [cpower@ssrce.ca](mailto:%20cpower@ssrce.ca) or Sarah Julian 902 930 3461 [sjulian@ssrce.ca](mailto:sjulian@ssrce.ca) | **2022 For Parents of children 3-6 years**  Dates: January-March (12 weeks)  Where :Bridgewater Area (TBA)  To register contact Amy Foster 902 523 5731, [afoster@ssrce.ca](mailto:afoster@ssrce.ca) or Sally Tanner 902 350 3739, [stanner@ssrce.ca](mailto:stanner@ssrce.ca) |