

Amherst SchoolsPlus Monthly Newsletter

COMMUNITY ROOM DROP-IN

The Community Room is located in room 107 at Amherst Regional High (190 Willow Street).

The Community Room is open to all ARHS students during lunch hour Tuesdays and Wednesdays unless otherwise noted on the Community Room door.

The Community Room is also open each Wednesday after school until 7pm to all E.B. Chandler Junior High and Amherst Regional High School students.

After School Activity Schedule

Wednesday February 7 – Movie Night with Popcorn.

Wednesday February 14 – Pickle Ball at the YMCA. We will walk to the YMCA from EB and return to ARHS after 5pm.

Wednesday February 21 – Bingo with prizes. Chris' last day!

Wednesday February 28 – Welcome back Marvin. Domino falling contest Teams TBD. Most elaborate design wins!



Students at E.B. Chandler participating in Lunch Yoga with Kim.

What is SchoolsPlus?

SchoolsPlus is a comprehensive and collaborative interagency approach to educating and providing service to the whole child and family, with the school as the center of service.

The focus of Amherst SchoolsPlus is to support referred students and families by helping them attain timely and effective services that meet their identified needs.

Additionally, SchoolsPlus provides a variety of different programs and activities to students and families within the 8 schools it serves (Spring Street Academy, Cumberland North Academy, West Highlands School, Northport Consolidated Elementary, E.B. Chandler Junior High, Amherst Regional High, Springhill Junior/Senior High, and Oxford Regional Education Centre).

Voices At ARHS

Voices is a program of self discovery and empowerment for girls. It is being offered for girls in grades 9 – 12 starting February 13, 2018. Contact Nurse Michelle or Kim at ARHS for more information.



"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

Martin Luther King Jr.

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