



**Tuesday  
April 2, 2019  
9:30 am—12:00pm**

**Louis Millet Centre  
Rm# 119  
New Minas, NS**

**Free Event  
Refreshments Included**

# **GRAND Love**

## **Learning Through Relationship**

It takes a village to raise a child . . . every parent needs support. This is especially true for grandparents who find themselves in the role of parenting their grandchildren. Many grandparents in this role may feel isolated and alone. This can be complicated by other issues like finances, health concerns, legal issues and challenging behaviours.

Please join us for a workshop to explore and learn new ways to support and respond to the needs of the grandchildren in your care. Topics will include the impact of trauma and attachment utilizing The Circle of Security<sup>®</sup> Parenting Program as a map. We will explore the diagnosis of Reactive Attachment Disorder (RAD), discuss what this means and how we make sense of the behaviours we see in the children and youth in our care.

**Stephanie Townsend RCT-C, CCC-Q** is a Registered Counselling Therapist Candidate with more than 12 years of practice. She has worked with military families, children, youth, veterans and couples in both non-profit community based organizations and as a partner in a private practice. Focusing on attachment principles, Stephanie offers support to parents, guardians and families in identifying and making sense of their children's, (and each other's) needs. Stephanie is a certified Equine Assisted Psychotherapist involving the use of horses in the therapeutic session and a certified facilitator in the Circle of Security Parenting Program<sup>®</sup>. Stephanie has supported people experiencing challenges with anxiety, depression, trauma, addiction, relationship breakdown, parenting, child and youth behaviours, post-partum psychosis and various exceptionalities. In her private practice at Clannad, Stephanie hopes to continue to inspire healing through healthy connection and supportive relationships.

**Please RSVP to: [marketa.glen@avrce.ca](mailto:marketa.glen@avrce.ca) or phone/text (902) 698-9272**

**by Monday, March 25th due to space availability.**

**Please note, this is reserved for care providers only.**