East Hants SchoolsPlus

*Monthly What’s Up*

# In addition to drop in, home visits and support to students and families, SchoolsPlus staff will provide and/or collaborate with partners to offer the following at Riverside Education Centre (Hub Site), Hants East Rural High, Hants North Rural High, and Maple Ridge, Shubenacadie, Elmsdale, Enfield and Kennetcook elementary schools.

|  |
| --- |
| January 2019 |
| *Monday* | *Tuesday* | *Wednesday* | *Thursday* | *Friday* |
| **1** | **1 New Year’s Day (No School)** | **2 No School** | **3 Gender & Sexuality Alliance drop-in****@ HERH, 11:50-12:40** | **4 Dungeons & Dragons drop-in @ HERH, 3:30-4:30, rides home available** |
| **7** | **8 Gender & Sexuality Alliance drop-in****@ REC, 12:15-12:55** | **9 Diversity Club drop-in for grade 6s, KDS, lunch time** | **10 Gender & Sexuality Alliance drop- in @ HERH, 11:50-12:40** | **11 Dungeons & Dragons drop-in @ HERH, 3:30-4:30, rides home available** |
| **14** | **15 Gender & Sexuality Alliance drop-in****@ REC, 12:15-12:55** | **16 Diversity Club drop-in for grade 6s, KDS, lunch time** | **17 Gender & Sexuality Alliance drop- in @ HERH, 11:50-12:40** | **18 Dungeons & Dragons drop-in @ HERH, 3:30-4:30, rides home available** |
| **21 Self-Esteem Group for registered girls @ REC, 10:45-11:45 (TO BE CONFIRMED)** | **22 Gender & Sexuality Alliance drop-in****@ REC, 12:15-12:55** | **23 Diversity Club drop-in for grade 6s, KDS, lunch time****Self-Esteem Group for registered girls****@ HNRH, 10:25-11:25 (TO BE CONFIRMED)** | **24 Gender & Sexuality Alliance drop- in @ HERH, 11:50-12:40** | **25 Dungeons & Dragons drop-in @ HERH, 3:30-4:30, rides home available** |
| **28 Self-Esteem Group for registered girls @ REC, 10:45-11:45 (TO BE CONFIRMED)** | **29 Gender & Sexuality Alliance drop-in****@ REC, 12:15-12:55** | **30 Diversity Club drop-in for grade 6s, KDS, lunch time****Self-Esteem Group for registered girls****@ HNRH, 10:25-11:25 (TO BE CONFIRMED)** | **31 Gender & Sexuality Alliance drop- in @ HERH, 11:50-12:40** |  |
| **See page 2 for details on our weekly schedule and when we usually visit each school!** |

What is SchoolsPlus, anyway?

* A collaborative interagency approach to serving the whole child and family
* Schools are the centre of service, but we also make home visits
* Our focus is to support referred students and families by linking them with services and resources that best meet their needs
* We serve students and families at schools along the Corridor: Enfield to Shubenacadie and in between, and in Kennetcook and surrounding communities
* Schools, parents, students, service providers… anyone can refer a student!

# SchoolsPlus Team

Our team consists of Candace Norman, SchoolsPlus Facilitator, and Eric Eisener,

Community Outreach Worker. Our Clinical Therapist’s position is currently vacant and will be filled soon. Stay tuned!

Question of the Month Q: Is SchoolsPlus a crisis service?

A: No. In times of crisis, SchoolsPlus recommends these free, confidential crisis supports –

* Kids’ Help Phone @ 1-800-668-6868 or text 686868 – always available
* Provincial Crisis Line @ 1-888-429-8167 – always available
* Colchester-East Hants Crisis Line @ 1-800-460-2110, ext. 42606, Monday-Thursday 9:00 AM-6:00 PM and Friday 9:00 AM -4:30 PM

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
| **AM** | Eric @ HNRH,Candace @ REC | Eric @ EnfieldCandace @ HERH | Eric @ HERHCandace @ KDS/HNRH | Eric @ MRE/ShubieCandace @ HERH | Eric @ ElmsdaleCandace @ REC |
| **PM** | Eric @ HERH/RECCandace @ REC | Eric @ RECCandace @ HERH | Eric @ HERHCandace @ KDS/HNRH | Eric @ RECCandace @ HERH | Eric @ REC/HERHCandace @ REC |

# Our Community Rooms @ REC and HERH

Our ‘hub’ site is at Riverside Education Centre (REC) where we maintain one of our Community Rooms. This space is available for students and families to drop in to ask about service, just have a chat, doodle or draw, or even just hang out and play some board games.

We also have a space at Hants East Rural High, where students can hang out and visit with us or just chill if they need a quiet spot. Our community partners are also welcome to use these spaces to meet with students and families, either with SchoolsPlus or privately. In development: shared space at HNRH!

# Weekly Schedules for Community Rooms (may vary)

We are usually found at our community rooms according to the schedule below, but this changes from time to time, due to meetings, home visits, etc. Our time at elementary schools changes very frequently, when groups start or wrap up.

We can be found @

**Candace, SchoolsPlus Facilitator**

**Cell: 902-497-3048**

**Email:** **normanc@ccrce.ca**

**Eric, Community Outreach Worker Cell: 902-483-4107**

**Email:** **eisenered@ccrce.ca**

Like us on Facebook!

Just search for East Hants SchoolsPlus