East Hants SchoolsPlus Monthly What's Up

In addition to drop in, home visits and support to students and families, SchoolsPlus staff will provide and/or collaborate with partners to offer the following at Hants East Rural High (HERH), Riverside Education Centre (REC), and Maple Ridge, Shubenacadie, Elmsdale and Enfield elementary schools:

		June 2018		
Monday	Tuesday	Wednesday	Thursday	Friday
See next page for drop-in schedule!	CMHA Outreach Worker Jarret Doyle is @ HERH for drop in 9-12, every Tuesday!			1 Provincial SchoolsPlus Steering Committee Meeting
4	5 GSA @ REC, middle lunch, 12:15-12:55 Friends for Life @ Enfield, 12:50-1:50 for registered students Art Club Drop In @ HERH after school, 3:15-4:15	6 Free Being Me @ REC 9:15-10:35 for registered girls (grade 7 and 6 only this week) Boys' Group in PM @ REC for registered boys Eric with YouthLinks @ REC 2:30-4:00	7 Emotional Fitness Group @ Maple Ridge in AM for registered students GSA @ HERH, lunch time, 11:50-12:40	8
11	12 GSA @ REC, middle lunch, 12:15-12:55 Friends for Life @ Enfield, 12:50-1:50 for registered students Art Club Drop In @ HERH after school, 3:15-4:15 Parent Night @ REC: Youth, Substance Misuse and Mental Health, 6:00 PM – open to all	13 Free Being Me @ REC 9:15-10:35 for registered girls Boys' Group in PM @ REC for registered boys Eric with YouthLinks @ REC 2:30-4:00	14 Emotional Fitness Group @ Maple Ridge in AM for registered students SchoolsPlus Advisory Committee meeting @ REC, 9:45-11:45 GSA @ HERH, lunch time, 11:50-12:40	15
18	19 GSA @ REC, middle lunch, 12:15-12:55 EXAMS AT HERH – our usual HERH drop-in may change	20 Eric with YouthLinks @ REC 2:30-4:00 EXAMS AT HERH— our usual HERH drop-in may change	21 GSA @ HERH, lunch time, 11:50-12:40 EXAMS AT HERH— our usual HERH drop-in may change	22 EXAMS AT HERH— our usual HERH drop-in may change
25	26	NO SCHOOL (Secondary)	NO SCHOOL (All Schools)	29 LAST DAY OF SCHOOL!

What is SchoolsPlus, anyway?

- A collaborative interagency approach to serving the whole child and family
- Schools are the centre of service, but we also make home visits
- Our focus is to support referred students and families by linking them with services and resources that best meet their needs
- We serve students and families at in schools along the Corridor Enfield to Shubenacadie and in between
- Schools, parents, students, service providers... anyone can refer a student!

SchoolsPlus Team

Our team consists of Candace Norman, SchoolsPlus Facilitator, and Eric Eisener, Community Outreach Worker, and Theresa Fraser, Clinical Therapist. **Candace and Theresa are available for support throughout the summer as well as during the school year.**

WELCOME THERESA!

We are super excited to have Theresa Fraser, Clinical Therapist, join our team. Theresa started with us in mid-May, 2018 and has been getting settled into her new position. Theresa is an employee of Mental Health & Addiction Services and will be meeting with students and families in their respective schools. Theresa brings a wealth of experience. If you would like to learn more about Theresa's services, contact Candace (details below).

Like us on
Facebook! Just
search for East
Hants SchoolsPlus

We can be found @

Candace, SchoolsPlus Facilitator
Cell: 902-497-3048
Email: normanc@ccrsb.ca

Eric, Community Outreach Worker Cell: 902-483-4107 Email: eisenered@ccrsb.ca



Our Community Rooms @ REC and HERH

Our 'hub' site is at Riverside Education Centre (REC) where Candace and Eric maintain one of our Community Rooms. This space is available for students and families to drop in to ask about service, just have a chat, doodle or draw, or even just hang out and play some board games. We also have a space at Hants East Rural High (HERH), where students can hang out and visit with us or just chill if they need a quiet spot, grab snacks and toiletries, clothing, etc. Theresa maintains private offices at both REC and HERH.

Our community partners are also welcome to use these spaces to meet with students and families. On Tuesday mornings, Jarret Doyle, a CMHA Youth Outreach Worker is at our space at HERH and is available to support students.

While our schedules sometimes change due to meetings, appointments with students and families, and unforeseen circumstances, *usually* we can be found in our Community Rooms according to the schedule below.

Community Rooms Schedule								
	Monday	Tuesday	Wednesday	Thursday	Friday			
REC	Candace 9-4	Candace 9-12 Eric 12-3:30 (sometimes)	Eric 8:30- 3:15	Eric 12-3:30 (sometimes)	Candace 1-4			
HERH	Eric 8:30-3:30	Eric 12-3:30 (sometimes)	Candace 11-3:15	Candace 9-4 Eric 12-3:30 (sometimes)	Eric 12-3:30			