

HEADSTRONG's Amazing Race

HEADSTRONG is a national anti-stigma campaign created by the Mental Health Commission of Canada. Student leaders at Dalbrae Academy work on creative projects throughout the year to reduce stigma in their school community and raise awareness about mental health.



The HEADSTRONG team invites students entering grade 9 in September to their Amazing Race event! Race to find clues and complete challenges while becoming more familiar with Dalbrae Academy!

BBQ lunch will be provided.



Dalbrae Academy

**Schools
Écoles Plus**

NOVA SCOTIA NOUVELLE-ÉCOSSE

**Strait Regional
Centre for Education**

August 29th

10:00am-1:00pm

Dalbrae Academy

**To register, please
return the attached
permission form to
the office at WEC
or BEC before
June 29.**

**Remember to wear
appropriate
footwear and
sunscreen.**

For any questions about the program, please contact Janelle MacDonnell, SchoolsPlus Community Outreach Worker at Janelle.macdonnell@srsb.ca or (902) 258-7126.