

HEADSTRONG's Amazing Race

HEADSTRONG is a national anti-stigma campaign created by the Mental Health Commission of Canada. Student leaders at Dalbrae Academy work on creative projects throughout the year to reduce stigma in their school community and raise awareness about mental health.

The HEADSTRONG team invites students entering grade 9 in September to their Amazing Race event! Race to find clues and complete challenges while becoming more familiar with Dalbrae Academy!

BBQ lunch will be provided.



Dalbrae Academy



August 29th

10:00am-1:00pm

Dalbrae Academy

To register, please return the attached permission form to the office at WEC or BEC before June 29.

Remember to wear appropriate footwear and sunscreen.

**Schools
Écoles Plus**
NOVA SCOTIA / NOUVELLE-ÉCOSSE

**Strait Regional
Centre for Education**

For any questions about the program, please contact Janelle MacDonnell, SchoolsPlus Community Outreach Worker at Janelle.macdonnell@srsb.ca or (902) 258-7126.

I hereby give my child, _____ permission to participate in HEADSTRONG's Amazing Race at Dalbrae Academy.

Student's name (Please print): _____

School he/she currently attends: _____

Date of birth: _____

Parent's name (Please print): _____

Email: _____

Phone number: _____

Emergency Contact: _____

Allergies: _____

Does your child have special needs or receive support from a TA at school?

Yes No

If so, please describe:

Parent's signature: _____

Date: _____