



**HIGH FIVE\*: Principals of Healthy Childhood**

**Development Training**

**What is HIGH FIVE\*?**

HIGH FIVE®is Canada's quality standard for children's programs. Before HIGH FIVE, no standard existed and there was a clear need for an innovative approach to help organizations enhance program quality and provide positive experiences for children, which would remain with them for a lifetime

**This all-day training will provide your staff with the understanding of the five principals to healthy childhood development, and ensure that your organization is providing Canada’s standard for children’s programs.**

SchoolsPlus is a registered HIGH FIVE\* organization with an available trainer who is ready to provide this incredible training to our partners. Other HIGH FIVE\* registered organizations include: Boys and Girls Club, Halifax Rec, EXCEL, Canada Games Centre, Sports NS-Sport Development and many more organizations that provide programs to children.

You will learn the following principals developed by HIGH FIVE\*:



**Participation**

**Mastery**

**Play**

**A Caring Adult**

**Friends**

You will also learn HIGH FIVE\*: Design Guidelines: **DEVELOPMENTALLY APPROPRIATE, SAFE, WELCOMING OF DIVERSITY & INCLUSIVE.**

**Date:** August 7, 2018

**Time:** 9:00am – 4:00pm

**Location:** Halifax Regional School Board, Room 310. 33 Spectacle Lake Drive.

**Cost:** Free

Please contact Dustin Boudreau by email at [dustin.boudreau@hrsb.ca](mailto:dustin.boudreau@hrsb.ca) to register. Limited space is available.