



- Kings East-NKEC Family of Schools*
- *Northeast Kings Education Centre*
 - *Kings County Academy*
 - *Aldershot Elementary*
 - *Glooscap Elementary*

*SchoolsPlus Facilitator, Benita Goertzen
Community Outreach Worker, Karen Bruce
Mental Health Clinician, Julien Davis*

MONTH of May, 2018

Attendance & Upcoming Events

“Voices” Empowerment of Girls ages 12+

Social Work student Lean McLean will begin facilitating this program to a group of six girls at NKEC beginning May 8th. It is being offered twice a week for six weeks.

Slow Cooked Dreams & Safe Food Handler Course

Community Outreach Worker Karen Bruce is offering our first Slow Cooked Dreams Program with ten families at Aldershot Elementary School after receiving a grant for \$505. We begin May 23rd for four weeks.

“Incredible Years”

May 14 – 16 Community Outreach Worker Karen Bruce is registered to attend in Halifax.

Next Advisory Committee Meeting for Kings East/West/Central

May 31st 1:30 – 3:00 - Berwick District School (Final meeting until fall)

Guidance Counsellor Mary Hanneman from Horton Family of Schools has been invited to attend. If you are interested in attending or in receiving meeting notes please contact Benita Goertzen.

Dove Program

SchoolsPlus and the Family Resource Centre are facilitating the Dove Program at Kings County Academy for nine Grade 7 - 8 girls. This started Monday, April 30th and will run for six weeks.

Headstrong Summit - A Mental Health Anti-Stigma Event

October 18, 2018 – Location- Brigadoon: Ten students from each High School (grade 10-12 students) in Annapolis Valley will be participating in the Headstrong Summit.

‘Chilled Teens’

Mental Health/SchoolsPlus, Clinician Julien Davis is facilitating this program at NKEC. Ten students are registered. SchoolsPlus is assisting as needed.

Catapult Leadership Camp 2018

Kevin Veinot & Bev Roy nominated two youth from NKEC

Parenting Journey

Family Resource Centre is providing this program for two individual families in their home in East Kings.

“What Makes Your Heart Soar”

Each Grade 5 student in Glooscap and Aldershot Elementary School is designing their own feather as a celebration of their transition to NKEC in Fall 2018.

All the Grade 5 students at Glooscap have begun the process of painting the first layer. Great team work!!



Mentoring Plus Initiative

SchoolsPlus Kings East has developed a partnership with the Kentville Police, Seniors Safety Program (Annapolis Health), and Mentoring Plus; a Dalhousie University Continuing Education initiative.

We are recruiting seniors who may be interested in volunteering but more importantly, mentoring students aged 15+. Our goal is to develop learning opportunities that lead to career paths.

Successes

- ✓ Social Work student Leah McLean is providing programming and support to SchoolsPlus Kings East. She joins us from April 23rd to May 24th.
- ✓ I am in the process of compiling a database of contact names and phone numbers for community supports and resources. Several organizations have yet to respond to my request for info due to many staff and role changes. This project will continue through the summer and then be shared with schools.
- ✓ A template for a Student Services Team flyer is drafted and will be available for distribution in May.

Your comments and suggestions are always welcome!

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