

## **GRAND** Love

Learning Through Relationship

It takes a village to raise a child . . . every parent needs support. This is especially true for grandparents who find themselves in the role of parenting their grandchildren. Many grandparents in this role may feel isolated and alone. This can be complicated by other issues like finances, health concerns, legal issues and challenging behaviours.

Please join us for a day long workshop to explore and learn new ways to support and respond to the needs of the grandchildren in your care. Topics will include trauma and attachment and how they can impact daily life in your family. We were never meant to parent alone!





## Tuesday November 6, 2018 9am—4pm

Berwick Fire Hall Berwick, NS

## Free Event Lunch included

Michelle MacIsaac MSW, RSW is a clinical social worker with more than 18 years of practice. She has worked with children, adults, couples, and families in diverse settings including Early Intervention, the Canadian Armed Forces, IWK Health Centre and non-profit clinical settings. Currently, she is a partner in an attachment and trauma focused private practice, Clannad Counselling & Consulting. Her areas of specialization are trauma (PTSD and developmental trauma), disabilities (Autism and ADHD) and anxiety/depression. Michelle's training has included EFT<sup>©</sup>, EMDR<sup>©</sup>, CBT, Play Therapy (Theraplay<sup>©</sup>), and Circle of Security<sup>©</sup>.

Joe Beninati has been a Master's level Social Worker in the mental health field for over 30 years. He has also been a keen student of Tai Chi and Yoga for longer. He has tried to integrate the two and has devised methods of including basic Tai Chi and Yoga techniques for stress reduction, mental and emotional stability. He can be reached at joeben 699@gmail.com

To register, please complete attached form and fax to (902) 365-2630 or call (902) 365-3363

Please note, this day is reserved for care providers only.



## **Registration Form**

**GRAND Love**: Tuesday, November 6, 2018—Berwick Fire Hall, Berwick, NS. \*This day is reserved for care providers only.

Name: Address:				
Phone:				
E-mail:				
Ages & Number of Grandchildren currently in your care				
				<del></del>
Would you like to be contacted about other groups/meetings in the area?				
□ Yes Via	: □ Phone	□E-mail		□ No
Please list any/all food allergies below *All efforts will be made to accommodate allergies*				

Please complete and fax to (902) 365-2630 or phone (902) 365-3363 to register.